

SAMPLE MENU



Breakfast

Eggs (scrambled, poached, or fried)
Applewood Smoked Bacon
Toast (honey wheat or white)
Buttermilk Waffles
Oatmeal
Cereal
Yogurt

Lunch

Hamburger Steak with Brown Gravy
Baked Ham with Pineapple Glaze
Collard Greens
Rosemary Potatoes
Dinner Rolls
Garden Salad
Chef Choice Dessert

Supper

Chicken Pot Pie Crackers Diced Pears Garden Salad Chef Choice Dessert